

Amsterdam Housing Authority



Stay warm this winter, and follow the safety tips below!

Driver Safety

Before winter, make sure your car is ready for the season with a tune-up, adequate tires, a charged battery, and antifreeze!

- Keep emergency gear in your car.
- Avoid driving in bad weather. If you must, always drive slowly and with caution.
- Never sit in a parked car with the engine running unless a window is open, and never warm up your car in a garage.

Home Heating Safety

Cold weather means it is time to utilize your heating devices. Be sure to avoid home heating hazards by following these safety tips:

- Keep your thermostat at 55 degrees Fahrenheit or higher at all times to avoid freezing pipes.
- Ensure that all smoke and carbon monoxide detectors are functioning properly.
- Never use your oven or stove as a heater.
- If you must use a space heater, consider the following tips:
 - They should be kept three feet away from anything that can burn, and placed on a level, secure surface.
 - Never leave them unattended, and keep children and pets away from the heater.
 - Never use an extension cord - they should be plugged directly into an outlet.
 - Only use space heaters that are UL approved.
- Close and secure all windows during the winter months.

Dress for the Cold

Always be prepared for the cold weather by dressing properly.

- Wear several layers of clothing.
- Cover exposed areas of your body with mittens, hats, and scarfs.
- Wear shoes or boots with nonskid soles.
- Change out of wet clothes as soon as possible.

Walking Safety

- Always be cautious of where you are walking to avoid slips, trips, or falls.
- Do not walk outside until snow removal procedures have been completed.

Know the Signs...

Frostbite:

Loss of feeling, and white or pale appearance in fingers, toes, ears, and nose.

Hypothermia:

Uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, and exhaustion.