

Family Self Sufficiency Program

The Family Self-Sufficiency Program (FSS) helps assisted housing residents increase their earnings and build financial assets. FSS participants will work with an FSS coordinator through case management and coaching, to set and achieve goals to become economically self-sufficient.

During the program, if your rent increases due to earned income, a portion of your rent money will be put away in an escrow account for you. After proper completion of the program, you will receive that escrow money as the reward for completing the program.

Are you?



- A current Section 8 Program participant through The Amsterdam Housing Authority Housing Choice Voucher Program?
- Head of Household or other adult member?
- Motivated to change your current life circumstances?
- Determined to free yourself from having to depend on public assistance?
- Willing to receive case management and sign an FSS Contract of Participation?
- Willing to obtain and/or maintain suitable employment?



❖ **If your answer is YES to all these questions, you may be a candidate for The FSS Program!**

How does it work? Participating FSS families sign a "Contract of Participation" with the Amsterdam Housing Authority which outlines the rights and responsibilities of the family during their participation in the Family Self-Sufficiency Program.

An FSS family has at least 5 years to complete the specific goals and objectives established by them in their "Individual Training and Service Plan".

Steps in the Program

1. Complete the FSS Interest Form
2. Attend a one-on-one Information Session
3. Develop, with the help of the FSS Case Manager, an "Individual Training and Service Plan" (which includes objectives, goals, strategies and timelines).
4. Sign the "FSS Contract of Participation"
5. Periodically review your progress with the Case Manager
6. Fully complete your "Contract of Participation" and graduate from the Program!



We Also Offer Referrals to Support Services Available During the Program such as:

- Career Counseling: Career Exploration / Job Search / Resume Writing / Interviewing Skills
- Education and Job Training
- Financial Planning, Budgeting and Credit Counseling
- Child Care and Transportation
- Homeownership Counseling



**If you're interested in the Section 8 FSS Program, fill out the attached forms and return to 52 Division St, Amsterdam NY 12010- Attn: Section 8 Department
Contact info: Ph: 518-842-2907; email: section8@amsterdamhousingauthority.org**

Amsterdam Housing Authority